Nancie McDermott is an author, food writer and cooking teacher. Her passion is researching and celebrating traditional food in its cultural context, and her beloved subjects are two seemingly different places with much in common: the cuisines of Asia and of the American South. Nancie gained her Southern kitchen wisdom as a Piedmont North Carolina native, and her Asian culinary research commenced soon after college, when she was sent to northeastern Thailand as a Peace Corps volunteer.

A contributing editor for *Saveur* and *Edible Piedmont*, Nancie has written on food and travel for numerous publications including *Bon Appetit*, *Food & Wine*, *Fine Cooking*, *Cooks Illustrated*, *Every Day with Rachel Ray*, *Family Fun*, *Food Arts*, and the Los Angeles Times. Her national television credits include playing the role of Cake Historian on *Alton Brown's* Peabody Award-winning Food Network program, "*Good Eats*"; leading a Thai market tour in Los Angeles for Discovery Channel's "*Epicurious*" and cooking Thai food in the Dream Kitchen on Better Homes and Gardens' *BHG-TV*.

Nancie is the author of fourteen cookbooks *(listed below). Nancie's latest book, Southern Soups and Stews: From Gumbo and Burgoo to Etouffee and Fricasee, was a finalist for the *IACP Cookbook Awards* and was long-listed for the *Pat Conroy Cookbook Awards* by the *Southern Independent Booksellers Alliance* for 2016.

A graduate of University of North Carolina at Chapel Hill, Nancie is the founder of *Culinary Historians of Piedmont North Carolina* and a member of the *International Association of Culinary Professionals*, *Les Dames d'Escoffier*, and the *Southern Foodways Alliance* and *Women Chefs and Restaurateurs*. She lives with her family in Chapel Hill.

NANCIE'S COOKBOOKS

Southern Soups and Stews: More than 75 Recipes from Gumbo to Etoufee and Fricassee

Southern Pies: A Gracious Plenty of Recipes, from Lemon Chess to Chocolate Pecan

Southern Cakes: Irresistible Recipes for Everyday Celebrations

Quick & Easy Chinese: 70 Everyday Recipes

Quick & Easy Thai: 70 Everyday Recipes

Simply Vietnamese Cooking: 135 Delicious Recipes

Simply Vegetarian Thai: 125 Real Thai Recipes

300 Best Stir-Fry Recipes

Real Thai: The Best of Thailand's Regional Cooking

The 5 in 10 Pasta and Noodle Cookbook: 5 Ingredients in 10 Minutes or Less

Real Vegetarian Thai: More Fabulous Recipes from the Author of Real Thai

The Curry Book: Memorable Flavors and Irresistibly Simple Recipes from Around the

World

Quick & Easy Vietnamese: 75 Everyday Recipes

Holiday Cookies You Can Make